**March 2020**

**Resources to support CIC- Virtual School.**

**Coronavirus**

**Educational resources**

These resources are aimed more at helping children and young people understand the virus and to manage anxiety around what is happening: In addition to the guidance documents from Trauma Informed schools.

<https://www.elsa-support.co.uk/coronavirus-story-for-children/>

[https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?utm\_source=newsletter&utm\_medium=email&utm\_content=this downloadable comic&utm\_campaign=Weekly-03-03-20&t=1583271654945](https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?utm_source=newsletter&utm_medium=email&utm_content=this%20downloadable%20comic&utm_campaign=Weekly-03-03-20&t=1583271654945)

<https://www.bbc.co.uk/newsround/51342366>

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

<https://littlepuddins.ie/coronavirus-social-story/>

<https://campaignresources.phe.gov.uk/schools>

<https://krisepsykologi.no/what-can-we-say-to-children-about-coronavirus/>

**Educational resources:**

**With some children now needing to self-isolate at home,** various organisations in education, health and care have been pooling resources together in order to provide helpful ideas for home-based activities, including mental and emotional well-being for all the family. Most are for primary-aged pupils but some are suitable for secondary pupils too. We hope that these are useful for you, and for your pupils and parents:

Twinkl

<https://www.twinkl.co.uk> a month of free access to parents in the event of self-isolation or school closures (use promo ‘UKTWINKLHELPS’)

BBC Bitesize

<https://www.bbc.co.uk/bitesize>

The Imagination Tree

<https://theimaginationtree.com>

Creative art and craft activities for the very youngest.

Toy Theater

<https://toytheater.com/>

Educational online games

Big History Project

<https://www.bighistoryproject.com/home>

Secondary.

British Council

<https://www.britishcouncil.org/school-resources/find>

Resources for English language learning

Oxford Owl for Home

<https://www.oxfordowl.co.uk/for-home/>

Lots of free resources for Primary.

Geography Games

<https://world-geography-games.com/world.html>

Geography gaming

Cbeebies Radio

<https://www.bbc.co.uk/cbeebies/radio>

Listening activities.

Paw Print Badges

<https://www.pawprintbadges.co.uk>

Free challenge packs and other downloads. Indoor and outdoor.

iDEA Awards

<https://idea.org.uk>

Digital enterprise award scheme you can complete online

Blockly

<https://blockly.games>

Learn all about computer programming.

Scratch

<https://scratch.mit.edu/explore/projects/games/>

Learn all about computer programming.

Ted Ed

<https://ed.ted.com>

A range of engaging educational videos

The Kids Should See This

<https://thekidshouldseethis.com> Wide range of educational videos

National Geographic Kids

<https://www.natgeokids.com/uk/>

Activities and quizzes

Mystery Science

<https://mysteryscience.com>

Free science lessons

Crash Course

<https://thecrashcourse.com/>

Easter baking recipes for children

<https://www.bbcgoodfood.com/howto/guide/fun-easter-projects-kids>

* National Autistic Society – guidance and helpline for parents’, young people and staff: [https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-(covid-19)-advice.aspx](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.autism.org.uk%2Fservices%2Fnas-schools%2Fvanguard%2Fnews%2F2020%2Fmarch%2Fcoronavirus-(covid-19)-advice.aspx&data=02%7C01%7CAAllard%40ncb.org.uk%7C7d078078e21d4611dba808d7cb45bcbd%7Cadc87355e29c4519954f95e35c776178%7C0%7C0%7C637201372684920098&sdata=X0p0IpfwmQXowcaQVRflamskU%2FNmdKpAYqUIn6RYxjI%3D&reserved=0)  (**clear and simple but out of date as last updated 4th March )**
* Mencap - Easy Read guide to Coronavirus: [https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20SS2.pdf](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.mencap.org.uk%2Fsites%2Fdefault%2Ffiles%2F2020-03%2FInformation%2520about%2520Coronavirus%2520ER%2520SS2.pdf&data=02%7C01%7CAAllard%40ncb.org.uk%7C7d078078e21d4611dba808d7cb45bcbd%7Cadc87355e29c4519954f95e35c776178%7C0%7C0%7C637201372684920098&sdata=S5Q3Tzb8p6P6AOsa%2BeDPP8PQceazwG2xEK6T65DQ%2Fng%3D&reserved=0)  also the attached for ALD

<https://www.healthwatchbrightonandhove.co.uk/wp-content/uploads/2020/03/easy-read-advice-on-the-coronavirus-v1.pdf>  clear resources very pictorial

* Place2Be – Guide to helping parents answer questions from their children and to support family wellbeing: [https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.place2be.org.uk%2Fabout-us%2Fnews-and-blogs%2F2020%2Fmarch%2Fcoronavirus-information-for-children%2F&data=02%7C01%7CAAllard%40ncb.org.uk%7C7d078078e21d4611dba808d7cb45bcbd%7Cadc87355e29c4519954f95e35c776178%7C0%7C0%7C637201372684930090&sdata=AWZKF3H5NwjfSE9gcCUoshSrOC0crBlLr%2FKLPTtGpTo%3D&reserved=0)  also give link to the following site: <https://www.bacp.co.uk/news/news-from-bacp/2020/28-february-coronavirus-anxiety-how-to-cope-if-you-re-feeling-anxious-about-the-outbreak/>   good information around personal mental health and managing CYP mental health and anxiety
* Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: [https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoungminds.org.uk%2Fblog%2Ftalking-to-your-child-about-coronavirus%2F&data=02%7C01%7CAAllard%40ncb.org.uk%7C7d078078e21d4611dba808d7cb45bcbd%7Cadc87355e29c4519954f95e35c776178%7C0%7C0%7C637201372684930090&sdata=hCT6wVcFSacio7qNOvk6eX8YRRm0uKSOa4QvPTitEMg%3D&reserved=0) good top 10 hints and blog for young people to use.
* Carers UK - Guidance for carers: [https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.carersuk.org%2Fhelp-and-advice%2Fhealth%2Flooking-after-your-health%2Fcoronavirus-covid-19&data=02%7C01%7CAAllard%40ncb.org.uk%7C7d078078e21d4611dba808d7cb45bcbd%7Cadc87355e29c4519954f95e35c776178%7C0%7C0%7C637201372684940084&sdata=RPeTq3k0bpsI1zGIjDqchzAvM%2F7CO2FZ16o%2BrlK4Kns%3D&reserved=0) updated 18.03.20
* Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic: [https://www.mindheart.co/descargables](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.mindheart.co%2Fdescargables&data=02%7C01%7CAAllard%40ncb.org.uk%7C7d078078e21d4611dba808d7cb45bcbd%7Cadc87355e29c4519954f95e35c776178%7C0%7C0%7C637201372684940084&sdata=H2glY%2Bfie1Tk3b6lnXcKEmKtZs%2Bf%2BCSQIydH2LaaCgI%3D&reserved=0) simple resources for primary schools and parents of young children. Work though feeling and anxiety linked to covid .

[Public Health England](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Feasy-read-online.us15.list-manage.com%2Ftrack%2Fclick%3Fu%3D6d563f7f763a0cf7e70c9cfe1%26id%3D0c04c35bc0%26e%3D1a4a54ea5e&data=02%7C01%7CAAllard%40ncb.org.uk%7Caf891cc0fed7420ba55608d7ca566849%7Cadc87355e29c4519954f95e35c776178%7C0%7C0%7C637200344772988297&sdata=9mh8m8DKfQVNX9GPfAMXq57s5ykCLVm7PE6%2BPiCAKUc%3D&reserved=0) have produced an easy read version of their [Advice on the coronavirus for places of education](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Feasy-read-online.us15.list-manage.com%2Ftrack%2Fclick%3Fu%3D6d563f7f763a0cf7e70c9cfe1%26id%3D6efa277046%26e%3D1a4a54ea5e&data=02%7C01%7CAAllard%40ncb.org.uk%7Caf891cc0fed7420ba55608d7ca566849%7Cadc87355e29c4519954f95e35c776178%7C0%7C0%7C637200344772978298&sdata=blVpFcNZEHqif7ytPfFwrpGNY2Mmmw4leeRFvWPiT4o%3D&reserved=0).  You can download it [here](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Feasy-read-online.us15.list-manage.com%2Ftrack%2Fclick%3Fu%3D6d563f7f763a0cf7e70c9cfe1%26id%3D1effe5e60d%26e%3D1a4a54ea5e&data=02%7C01%7CAAllard%40ncb.org.uk%7Caf891cc0fed7420ba55608d7ca566849%7Cadc87355e29c4519954f95e35c776178%7C0%7C0%7C637200344772998287&sdata=DH8G1k44HQBwG65sot3pyRMJglcUAc5zawtq4%2FOgtkM%3D&reserved=0). **Only the ‘here’ link works but clear, easy read flyer.**